



#### **Curriculum and Instruction**

Melinda Romero Instructional Resource Center 500 West Galveston Street Chandler, AZ 85225



Dear Parents and Guardians,

Entering Kindergarten is one of the most important milestones of your child's life. We know that both you and your child must be excited, and perhaps a little nervous about this big step! The purpose of this workbook is to encourage you to spend time talking and working with your child to prepare them for Kindergarten. Included in these pages are activities and suggestions for enriching your child at home as you are your child's first teacher!

It is our hope that through open communication and mutual cooperation we can work together to ensure the best possible education for your child. Should you have any questions or concerns regarding the Kindergarten program, please don't hesitate to contact our curriculum office at (480) 224-3700.

Sincerely,

Jessica Edgar, Ed.D.

Director of PreK-12 Core Curriculum and Instruction

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# Language



### Language at Home

#### Read! Read! Read!

Reading to your child every day is one of the best ways to enhance your child's language development. The activities below are some great ideas to implement with your child.

- Look at the cover and predict what the book will be about.
- Instead of reading the words, read the book through pictures.
- Act the story out.
- Talk about your child's favorite part of the story.
- Make-up an alternative ending.
- Write a letter to one of the characters.
- Tape-record the book to enjoy it over and over.
- Have your child retell the story in their own words.
- When reading stop and ask "What do you think will happen next?"
- Make a clay model of a favorite character.
- Make puppets to use when retelling the story.

Speaking, listening, reading and writing are all important areas of language development. As your child starts school he/she needs your support and guidance as they experiment and try new language skills.



#### Talk! Talk! Talk!

Children develop language skills from their interactions with others. Your use of language and your response to your child's attempts to communicate guide their language learning. Below are some everyday opportunities to help your child build language.

- Cook! Ask your child to recall steps, talk about ingredients and utensils used.
- Discuss how things work or how things grow.
- Go on a picnic, a walk, a trip to the grocery store, encourage your child to talk about that he/she hears, sees and smells.
- Encourage children to learn and use new words by starting a "Word of the Week" game. Introduce your child to a new word at the beginning of the week and keep track of all the times he/she uses the word during the week.

#### Write Books

Write stories your child dictates to you about his/her artwork, a trip to the doctor, a story about a pet, or a trip to Grandma's. Encourage your child, when they are ready, to write their own stories. Children use "phonetic spelling" and their stories can be quite amazing! Listen as your child reads you their story - encourage even if you can't read it yourself. Don't make spelling corrections, that comes later.



#### Listen

For success in school children need to learn to listen carefully, to see and hear details, and to follow and give directions. Play these games to sharpen listening and speaking skills.

- Hide a small object. Give your child directions to find it such as, "Take five steps straight ahead. Turn right. Keep the lamp to your left. Bend down and look to the right." Next, have your child hide the object and give you directions to find it.
- Have your child close his eyes. Use something to make a sound, such as rattling your keys, tapping a spoon against a glass or shuffling a deck of cards. Ask your child to guess what's making the sound.
- Play "Simon Says". Take turns being Simon and make the directions more complex to challenge your child.



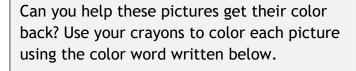
#### Sing Songs!

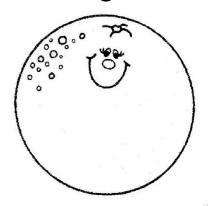
Teach your child the songs and fingerplays you learned and enjoyed when you were young.

- Five Little Monkeys
- Jack and Jill
- Hey Diddle Diddle
- Humpty Dumpty
- Twinkle Twinkle
- Little Boy Blue
- Jack Be Nimble
- Little Miss Muffet
- Hickory Dickory Dock

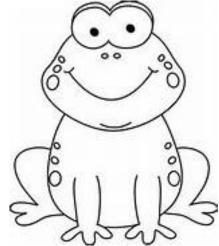
# **Coloring Fun!**

#### orange



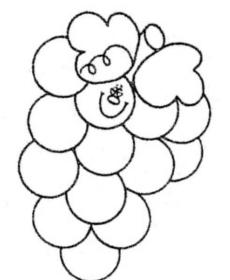






blue





purple



# **Learning Letters**

Help your child learn their letters by using these simple techniques below. Start with the letters in your child's name.

Cat	Make letters using pipe-cleaners.		Build the letter shapes with blocks.
	Take turns tracing letters on each other's back.		Hop or jump out the letter shapes.
	Make a letter stitchery.	dog	Make the letters with playdough.
	Blindfolded, feel letters made of sandpaper.		Form the letters with your body.
	Write the letters in sand, salt or sugar.		Trace letters in newspapers or magazines.
	Paint letters on the sidewalk with water and a brush.		Crawl out the letter shapes.
	Write letters on a chalkboard.	GAD	Make the letter into an animal.

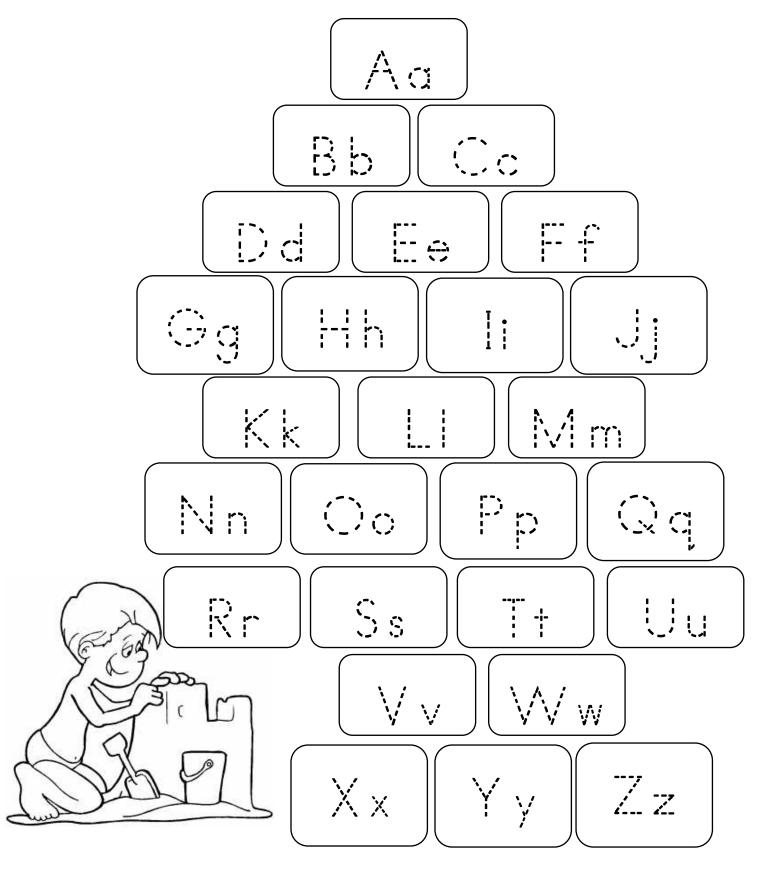
# What's your Name?

Use the lines below to practice writing your name. Remember the first letter should be capital and the rest should be lowercase.

	 	 . <b></b>
-		

# What's Missing?

Help finish the sandcastle by tracing the capital and lowercase letters.



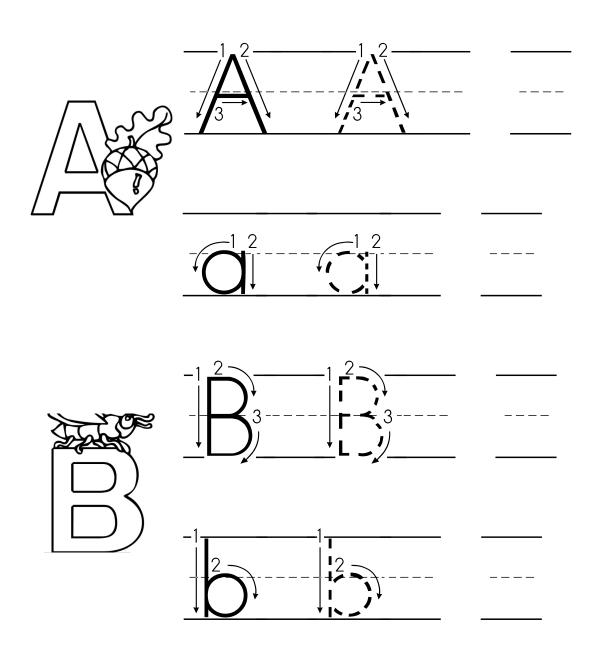
# **Amazing Matching**

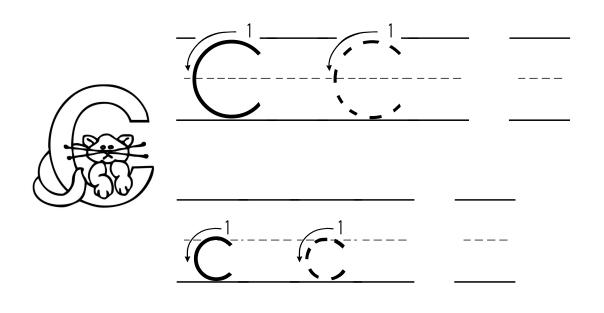
Match the capital letter to the lowercase letter by drawing a line to connect the two.

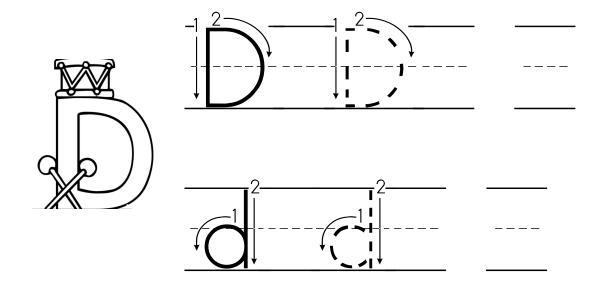
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A	f	N	S
В	† ·d ····a	О	r
С	···a	Р	q
D	b	Q	n
Е	g	R	p
F	e g	S	t
G	c	T	0
Н	m	U	W
I	h	V	z
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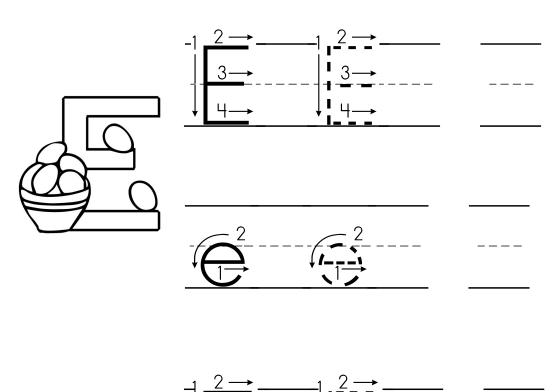
## **Trace and Write**

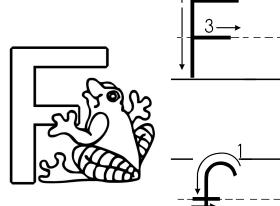
Trace and write each letter. Take your time and do your best handwriting. Can you name the letters?

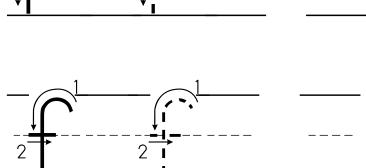


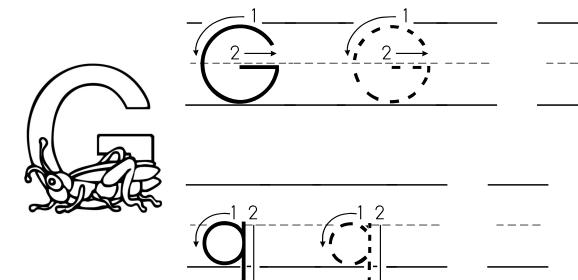


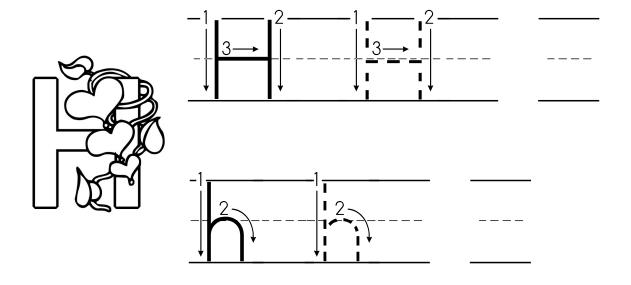


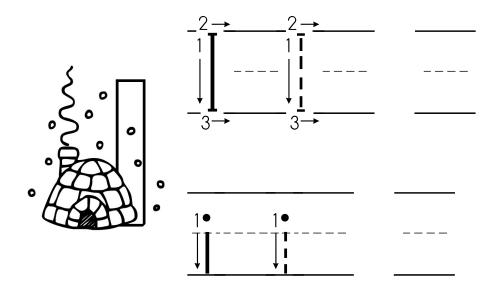


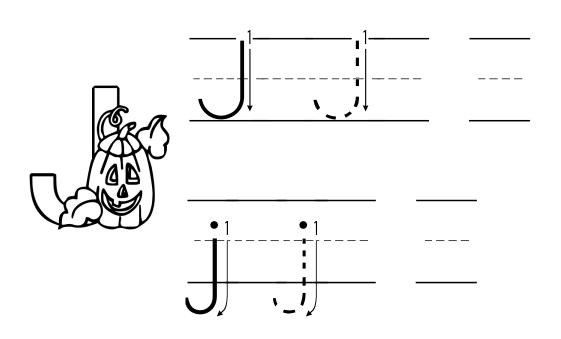


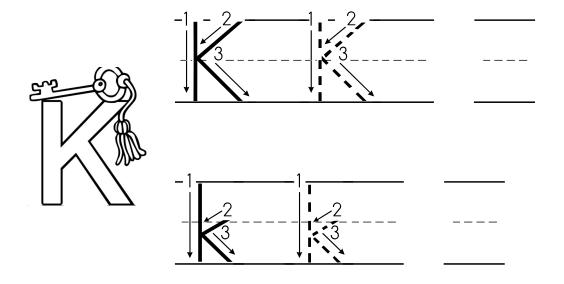


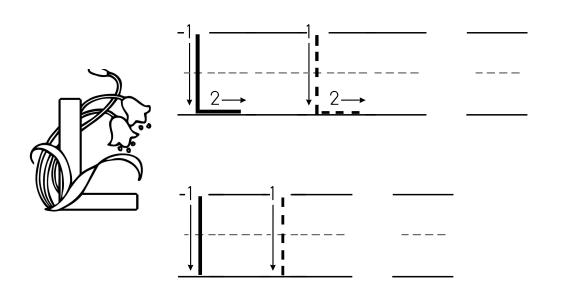


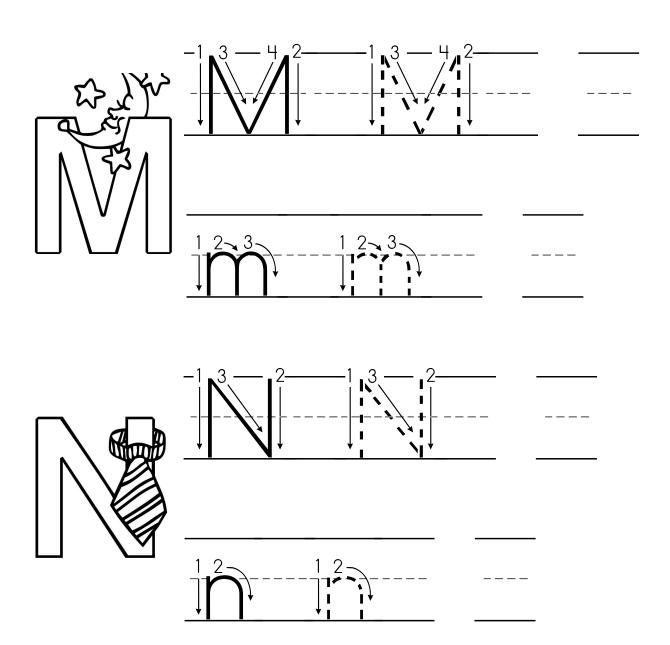


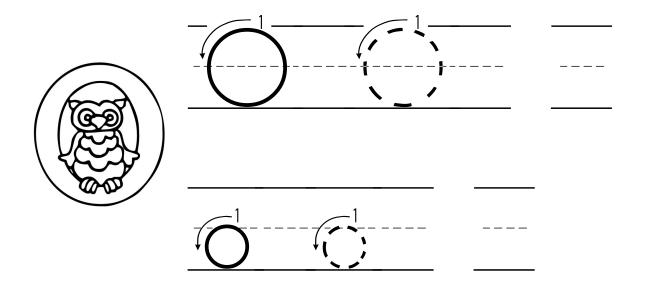


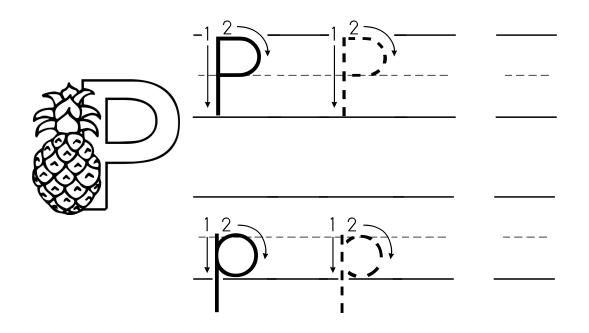


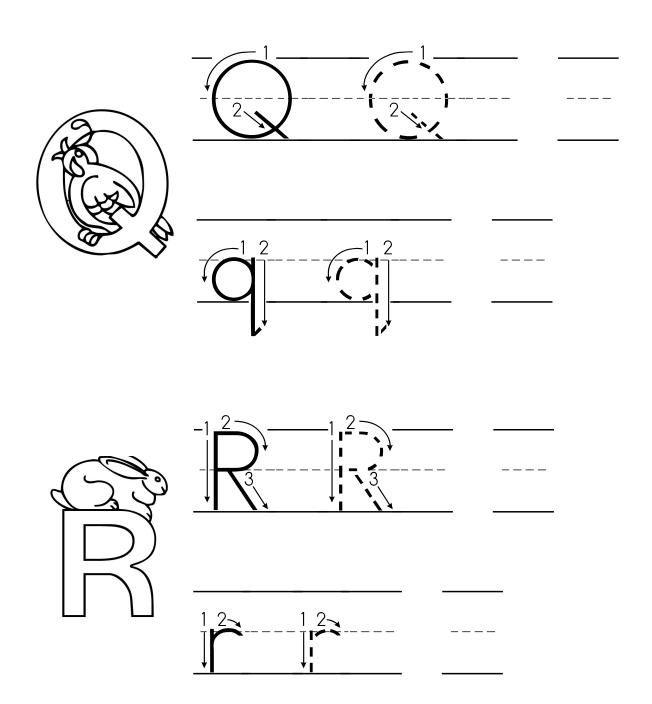


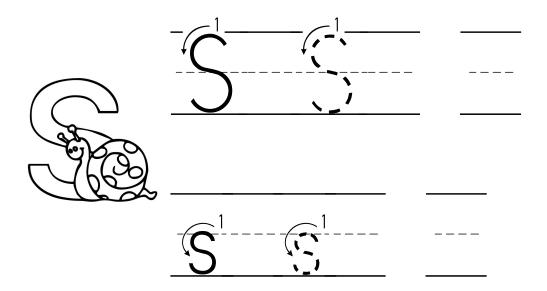


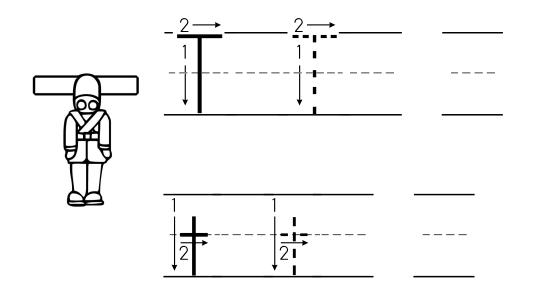


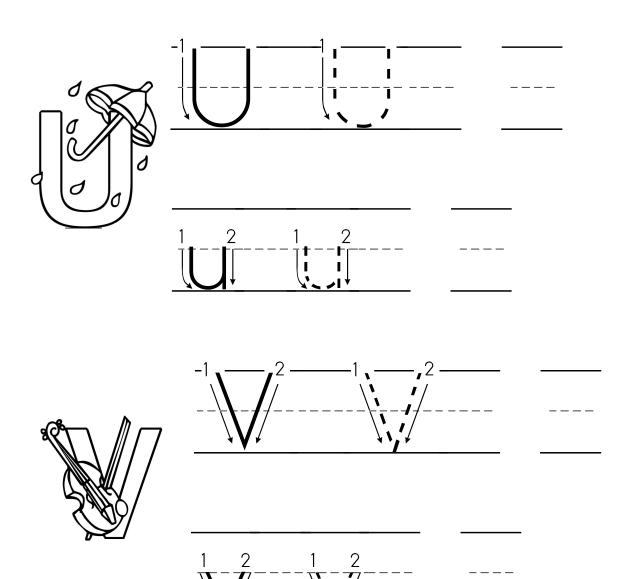


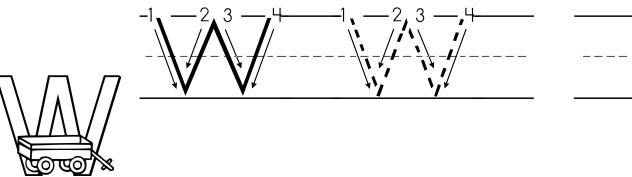


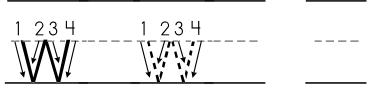


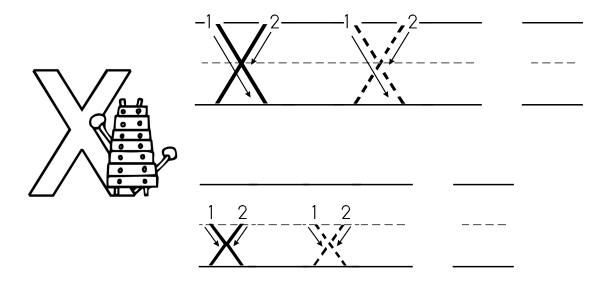


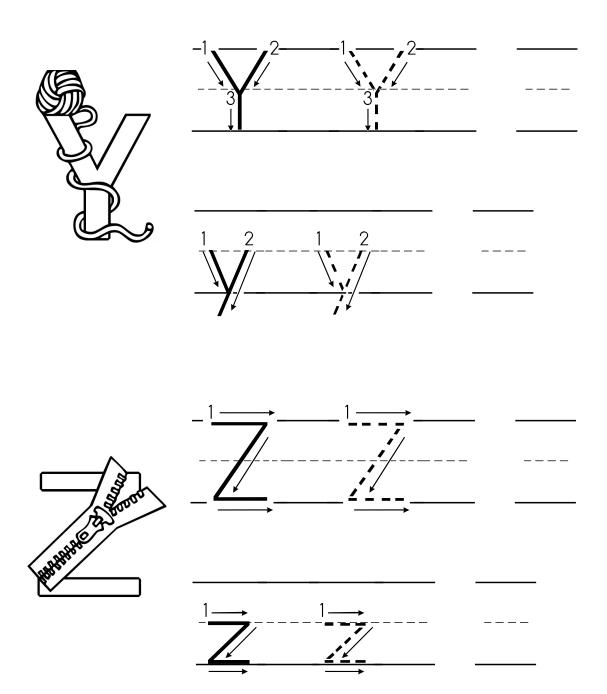












# **Beginning Sounds**

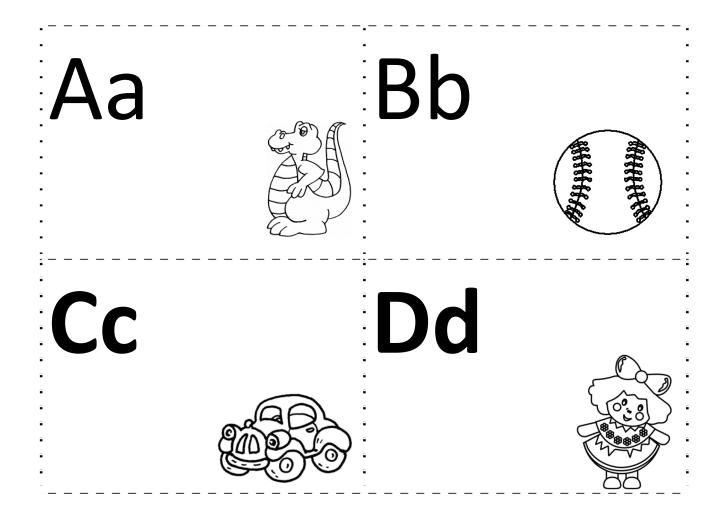
Say the name of the two pictures in each row. Circle the letter that has the same beginning sound as the two pictures.

BD
GC
HS
KM
FP
NJ

# Alphabet Flash Cards

Help your child learn their letters by using these flashcards. Don't worry if your child does not know all the letters when school starts because that's what Kindergarten is for. Keep these cards because they will come in handy during the school year to reinforce at home what your child is learning in school. Below are some fun ways to use these flashcards.

- Have your child spell his/her name using the flashcards.
- Have your child put the cards in alphabetical order.
- When the cards are in order, have your child close his/her eyes and take a card away. See if your child can recognize which card is missing.
- Have your child find objects around the house that start with each letter in the alphabet. Once your child has found an object, have them put the letter card next to the matching item.
- Cut out magazine pictures that correspond to every letter in the alphabet. Put the pictures on index cards. Using the alphabet cards, play a game of concentration; matching the picture with the corresponding beginning sound.

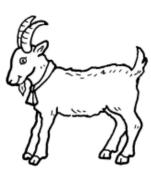


# Ee

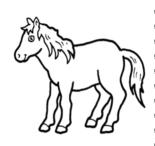
Ff



Gg



Hh





Jj

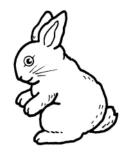


Kk

Qq



Rr



Ss



Tt



Uu

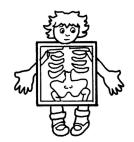


Vv



Ww

Xx



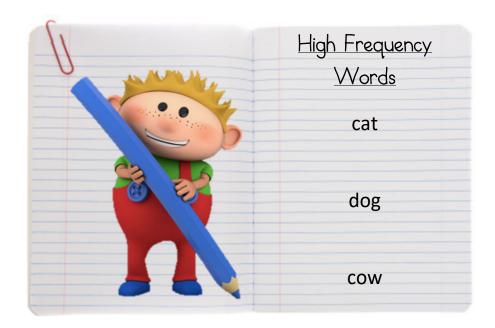
Yy



**Z**z



# Pre-Writing



### Fine and Gross Motor Skills



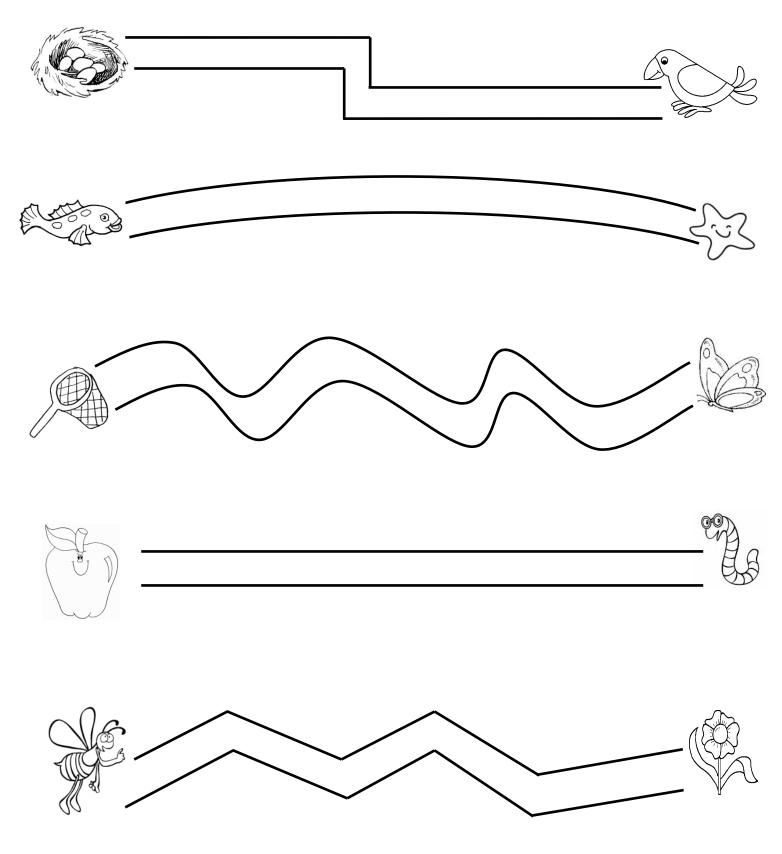
Did you know fine-motor skills play a crucial part of your child's success in school? Children need to be provided opportunities to develop their fine-motor skills. The list below provides helpful ideas on the kind of activities that enhance fine motor development.

- Cut! Have your child cut out coupons from the newspaper or pictures from a magazine.
- Pick up objects (blocks, cotton balls, counters, etc.) using various sized tongs and transfer them between containers.
- Stack objects (i.e. coins, cards, checkers, blocks, etc.)
- Screw and unscrew objects such as nuts and bolts and caps from jars.
- String beads onto a shoelace or straw.
- Type on the computer
- Play a piano or recorder.
- Roll a pencil between your thumb and fingers without dropping it.
- Knead dough.
- Use tweezers to pick up small objects.
- Practice using buttons, zippers, hooks, etc.
- Tie shoelaces.
- Trace and copy letters.
- Do connect the dot puzzles.
- Solve mazes.
- Put keys into locks to open doors.
- Squeeze the water from a sponge.
- Place clothespins on the edge of a box or container.
- Use Wikki Stix to form shapes, letters, numbers, and other designs. You may want to use a template.
- Use playdough with young children with the terms: poke, squeeze, pound, press, knead, etc. This is good for language development too.
- Play games like Operation, Battleship, Etch-a-Sketch, Silly Putty, Go Fish, Uno, Concentration
- Using a holepunch, punch holes in paper.
- Spoon water into a bowl.
- Shuffle cards and deal them one at a time.
- Finger paint.
- Tear around magazines pictures.
- Spoon rice from one container to another.
- Perform fingerplays



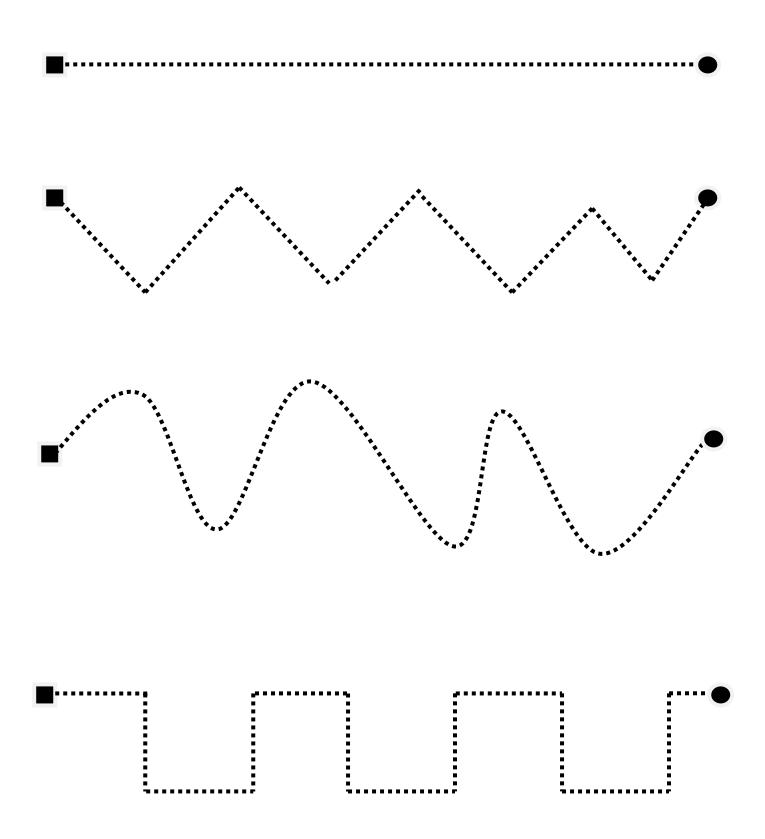
### **Pencil Practice**

Draw a line between the things that go together. Try to stay inside the path provided. Color the pictures when finished.



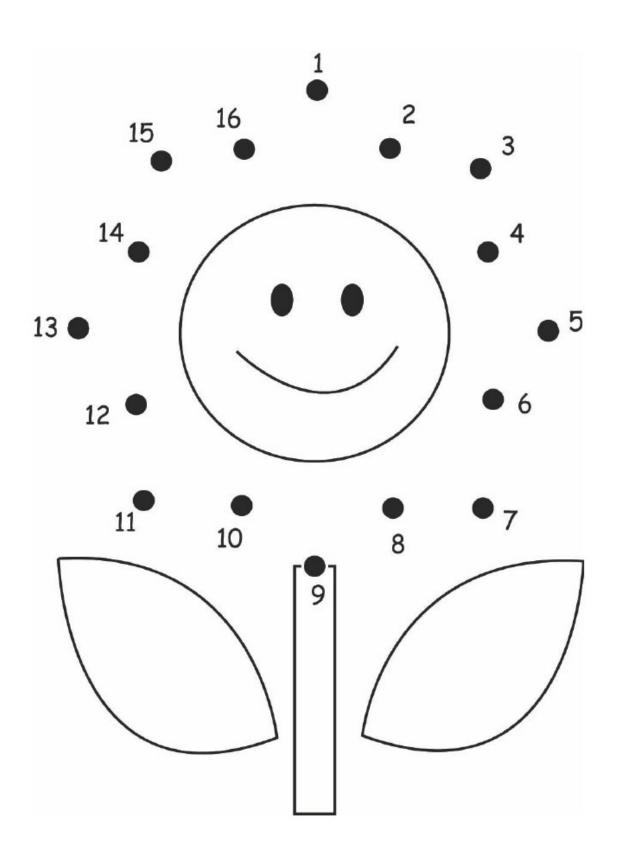
## **Scissor Skills**

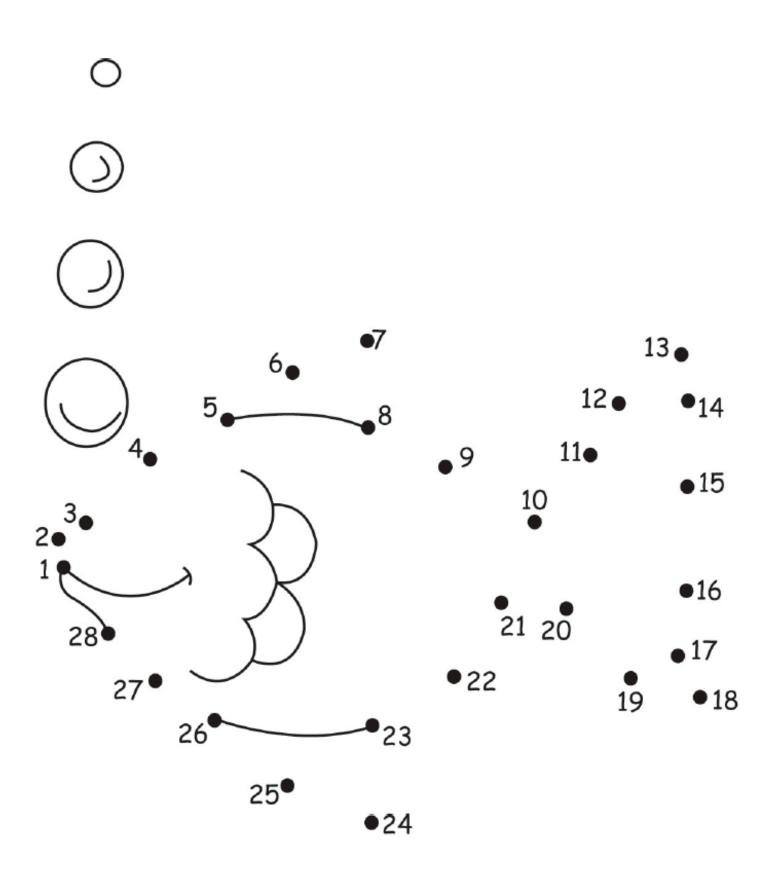
Use a pencil to trace each line then use your scissors to cut from the black square to the black dot. Try to cut on the dotted line.



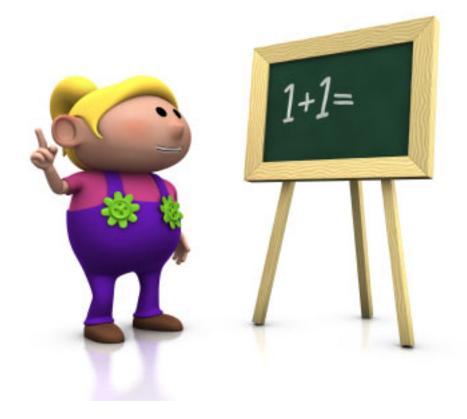
### **Dot-to-Dot**

Build fine-motor skills by completing the dot-todot below. Don't forget to color the picture when you finish.





# Math



### Math Skills

#### Sorting and patterns -

- Ask your child to sort various items around the house such as cereal, silverware, buttons, candy, etc...
- Help your child cut out pictures of things they like from magazines or newspapers. Sort pictures by color or type of object and glue to an index card.
- Arrange objects into simple patterns 1-red, 1-blue, 1-red, 1-blue and ask your child to continue or copy the pattern.
- String beads onto a necklace in a pattern, now your child can proudly wear what they learned.



#### Recognizing Shapes-

- Have your child go from room to room in the house pointing out the different shapes. You might have them find all the circles in the kitchen and all the squares in the family room.
- Make your own set of shapes using cardboard or any other heavy paper. Trace the shapes onto the cardboard and then cut them out. Color the shapes different colors and you now have some great hands-on learning tools that will help your child learn shapes and colors.

#### Recognizing Colors-

- Using magazines have your child make a color book. Cut out pictures that correspond to a certain color, glue on a sheet of paper and label that page with the correct color word. Do the same for as many colors as you would like. Put it all together and now your child has their very own color book.
- When driving play "I Spy" with colors.
   Name a color and have your child try and find that color in their environment.
- Have your child say the different colors on their plate at breakfast, lunch and dinner.

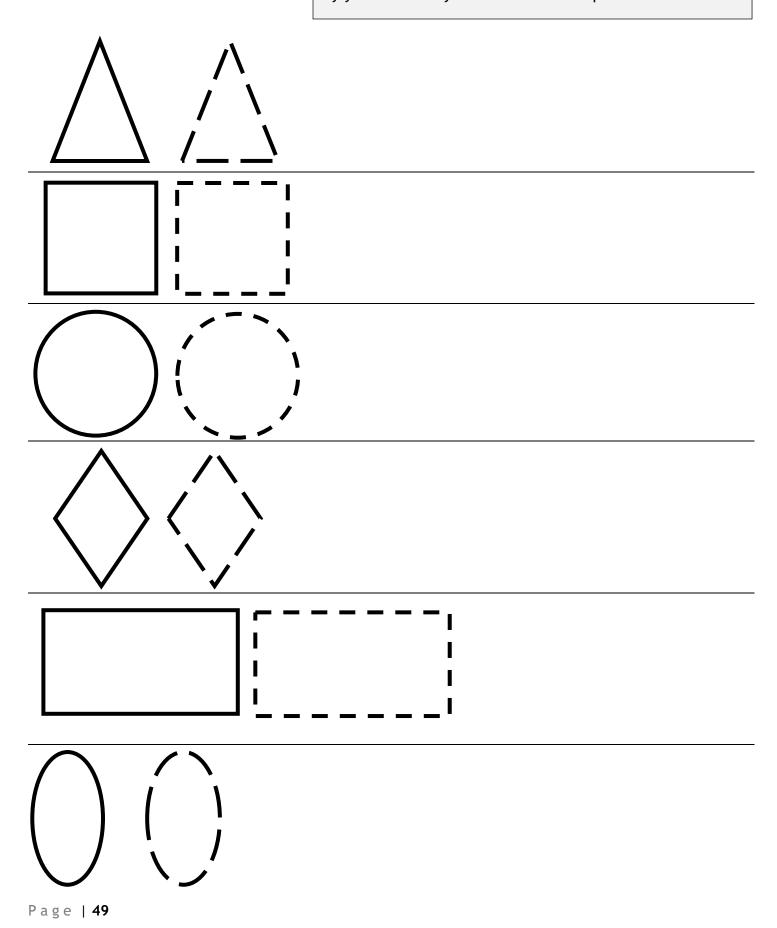


#### Number Sense-

- If your child can not yet count, begin chanting numbers as you walk up stairs, set the table, fold the laundry, etc..., and encourage your child to join in.
- Write numbers on the bottom of cupcake papers and put them into a muffin tin. Give your child some beans, rocks or candy and ask your child to count out the correct numbers of objects into each muffin tin.
- Practice writing numbers in sugar, on the carpet, in the air, etc...
- Use water and a paintbrush to practice writing numbers outside on the sidewalk.
- Spread shaving cream onto a cookie sheet and practice

# Make a Shape

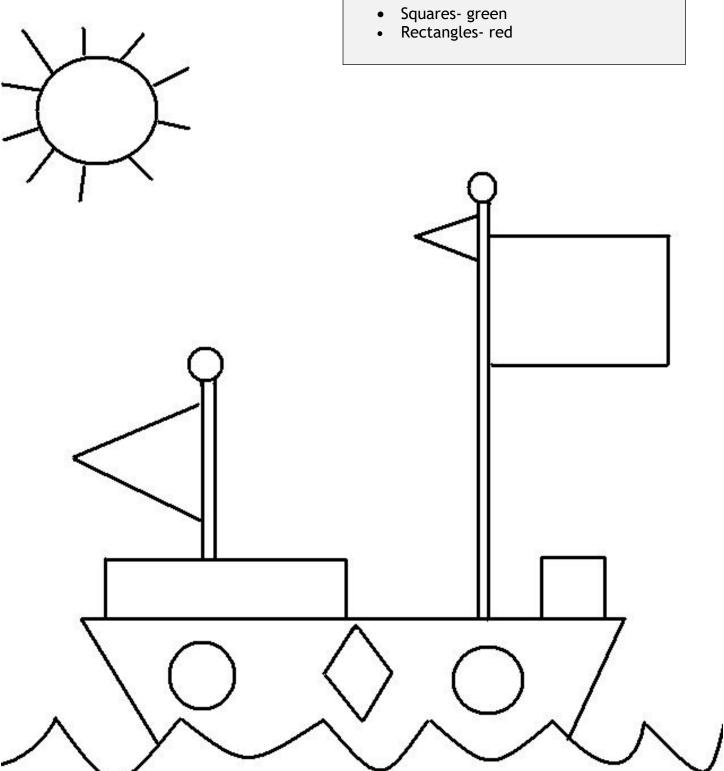
Become a shape expert by first tracing each shape with your finger, then tracing it with a pencil then drawing it by yourself. Can you name all the shapes?



# Ship Shape

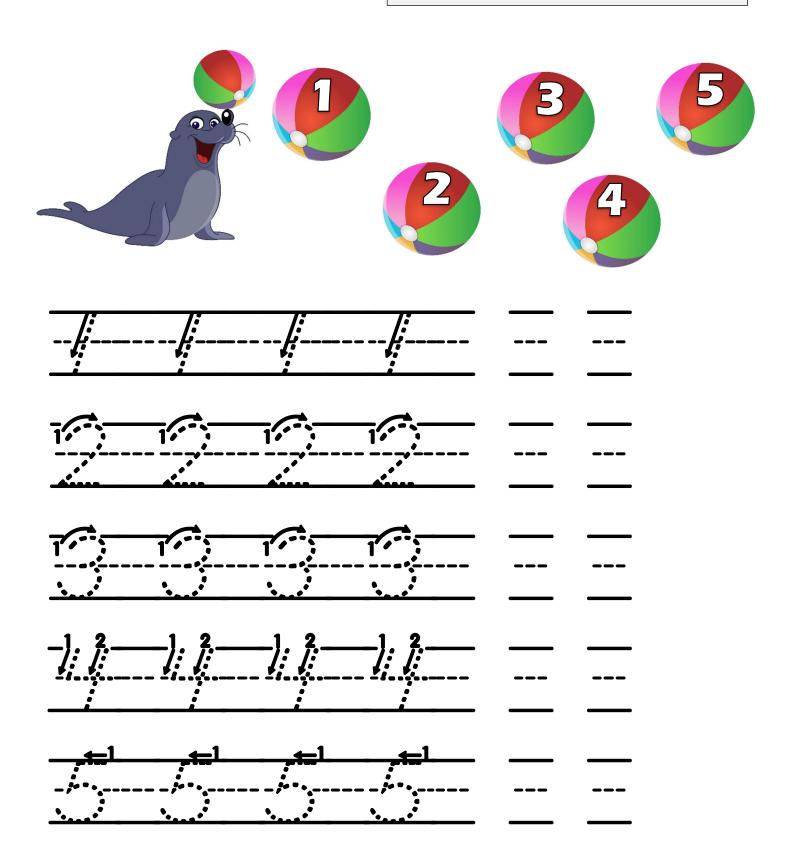
#### Color:

- Triangles orange
- Circles- purple
- Rhombus black

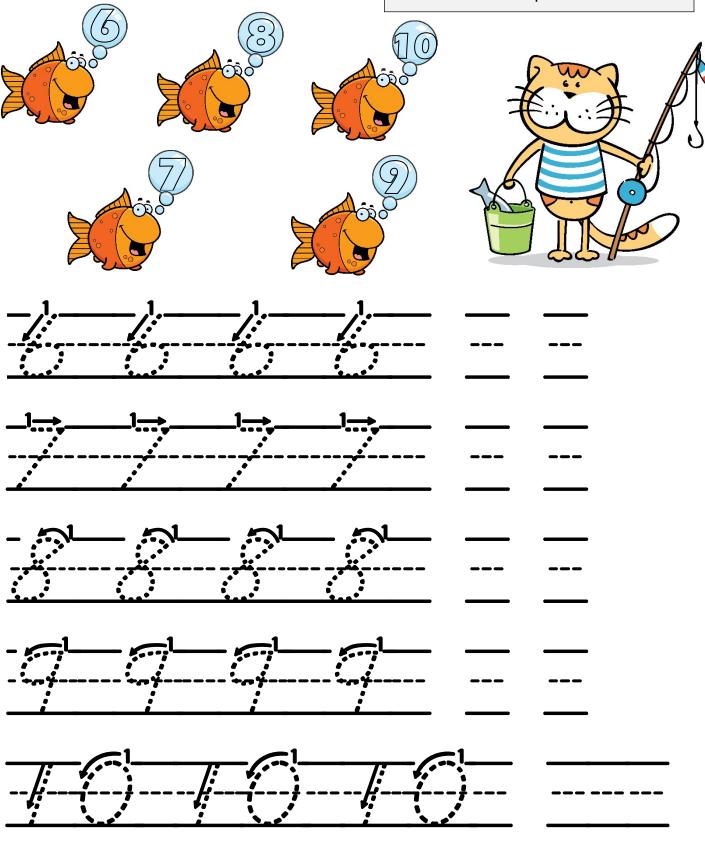


### **Trace and Write**

Practice writing your numbers 1-5. Don't forget to trace them first and remember to use a pencil.

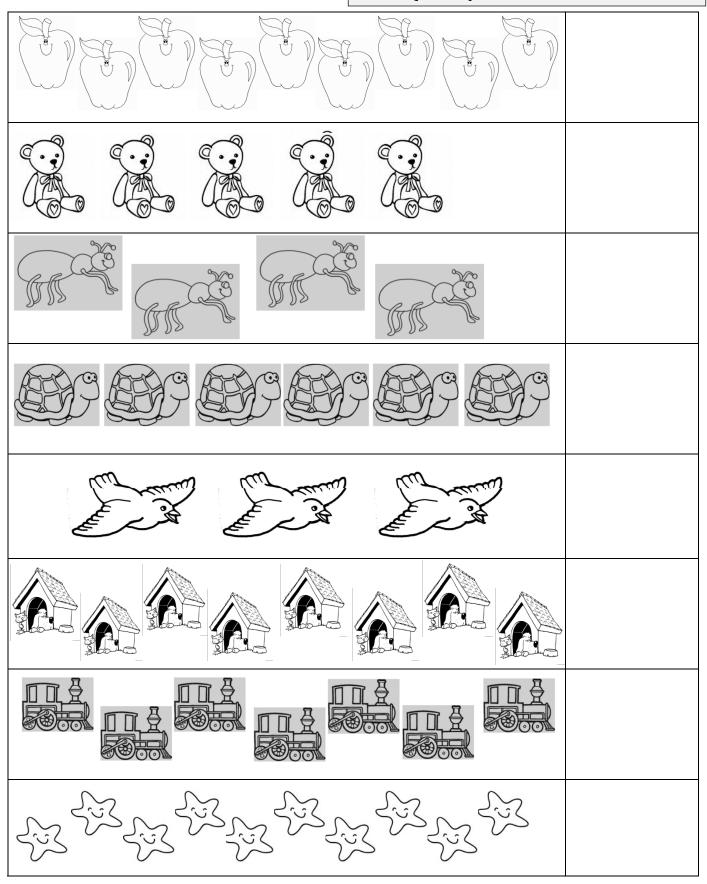


Practice writing your numbers 6-10. Don't forget to trace them first and remember to use a pencil.



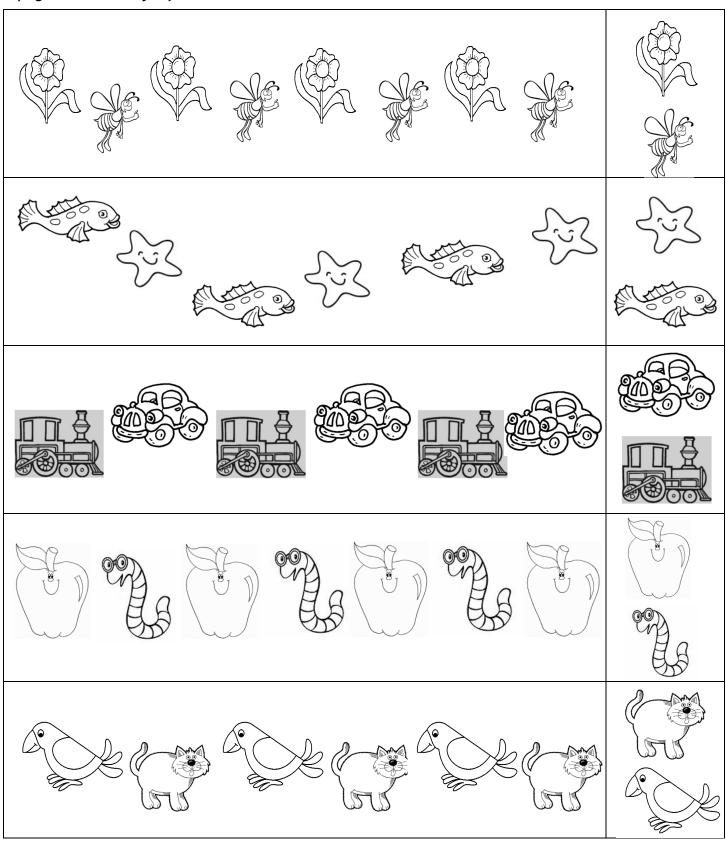
### Let's Count

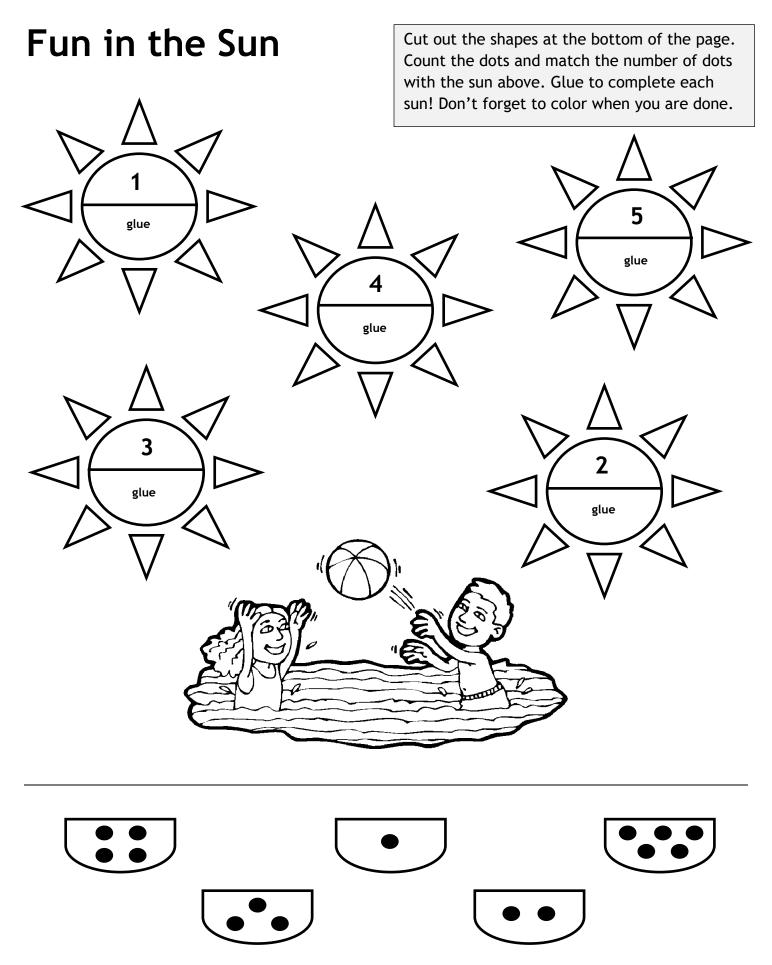
Count the pictures and write the number in the box to the right. Count slowly and touch each object as you count.



### **What Comes Next?**

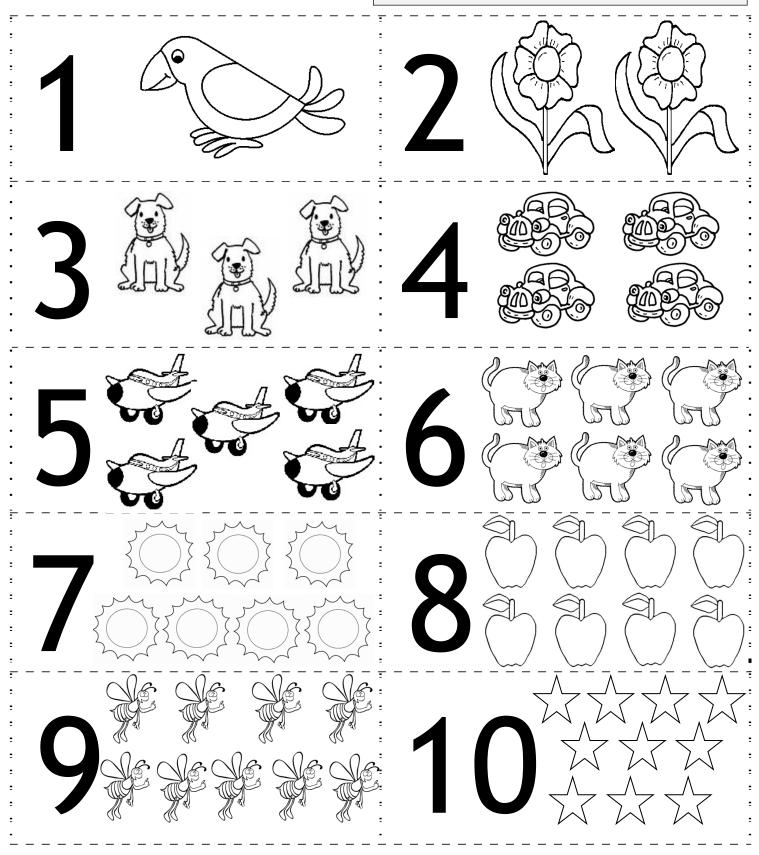
Circle which picture will come next in the pattern. Then try making patterns of your own with items around your house.





## **Number Flash Cards**

Cut out the number cards below to use as flashcards. These cards will help your child associate the numeral with the amount. Ask your child to count the number of objects pictured.



# Resources



## Preparing Your Child for Kindergarten

Let's face it: Kindergarten isn't what it used to be. Right or wrong, it is the world we live in. The following list is intended to help prepare your child in a variety of developmental areas to make the transition into kindergarten as smooth as possible. Believe it or not, just 15-20 minutes of playing and learning with your child can make a world of difference!

#### Social/Emotional Development

- Encourage your child to persist in tasks when encountering a problem by giving them tasks slightly above their current ability level. When your child cannot find a solution on his own, encourage him to calmly ask for help.
- Play board games to practice taking turns.
- Set up several play dates with friends of various ages.
- Allow your child to stay with other trusted adults for a few hours at a time prior to kindergarten (especially if they rarely have been in the care of someone other than mom and dad).
- Tell your child you expect them to clean up after play. You could implement a treasure box for toys left out.

#### Language Development

- Verbally give your child specific one-step and two-step directions and encourage them to follow through.
- o Read to your child for a combined total of at least 20 minutes each day.
- While reading, point out how to hold a book (right-side up with the spine on the left) and the orientation in which we read the words and look at the pictures (left to right).
- o After reading, ask your child what happened in the beginning, middle, and end of the story.
- Give your child plenty of opportunities to draw (without coloring books). Ask them to draw the things they see around them.
- Teach your child the uppercase and lowercase letters and, most importantly, the sounds each letter makes through play and games. Need some ideas? Go here: www.icanteachmychild.com/alphabet

#### Cognitive Development

- Have your child help you sort items according to color, size, and shape (laundry, blocks, silverware, toys, and other household items work well).
- o Teach your child to make various patterns (red, blue, red, blue). Garage sale dot stickers or craft pom-poms are great for this purpose.
- $\circ\,\,$  Practice counting aloud to 20 while driving in the car.
- Teach your child numerals 1-10. Need some suggestions on how to do this: Go here: www.icanteachmychild.com/numbers

- o Count objects in your home. Have your child point to each object as they count.
- Go on a shape hunt. Point out circles, triangles, squares, and rectangles to your child while
  you are talking or walking or grocery shopping.
- Talk about positional and directional concepts like up/down, over/under, in/out, behind/in front of, top/bottom, beside/between, off/on, stop/go.
- o Talk about opposite words (big/little, empty/full, slow/fast).

#### Physical Development (Gross & Fine Motor)

- o Give your child plenty of opportunities for outdoor play: running, jumping, and climbing.
- Play catch on a regular basis.
- o Practice skipping.
- Stack blocks together.
- o Let your child use child-safe scissors to cut out a variety of shapes.
- Teach your child to write their name (capital for the first letter and lowercase for the remaining letters). To start, write their name using a highlighter and encourage them to trace over it. Be sure that they form the letters from the top to the bottom.
- Ensure your child is holding their pencil correctly:
   www.icanteachmychild.com/2012/06/correct-pencil-grip/
- o Play with playdough regularly. Roll, squish, stamp, and even cut it!
- o Encourage your child to cut out various shapes using child-safe scissors.
- String large beads to make a necklace.
- Play with an interlocking puzzle together.

#### **Creative Arts**

- o Always encourage pretend play...occasionally join your child in his fantasy world.
- Teach your child to recognize the following colors: red, orange, yellow, green, blue, purple, black, white, brown, and pink. For help, go to: <a href="https://www.icanteachmychild.com/colors">www.icanteachmychild.com/colors</a>
- Use a variety of materials to let your child paint, draw and explore!

#### This list was created based upon the following:

http://www.icanteachmychild.com/71-things-your-child-needs-to-know-before-kindergarten/

## **Recommended Literature**



Each Peach Pear Plum Miss Nelson is Missing. Cloudy With a Chance of Meatballs Mike Mulligan and His Steam Shovel Stellaluna The Very Hungry Caterpillar The Magic School Bus: Inside the Human Body. Miss Rumphius My Life with the Wave Andy and the Lion The Art Lesson Strega Nona To Everything There Is a Season Abuela I Lost My Bear Meanwhile Angus and the Ducks Gabriella's Song Corduroy. When I Grow Up The Scrambled States of America Frog and Toad Are Friends Black and White Alphabatics I, Crocodile George and Martha Red Riding Hood.  Miss Rumphius  A Cateron Body  A C	Allard Barrett Burton Cannon Carle Cole Cooney Cowan Daugherty dePaola dePaola Dillon Dorros Feiffer Flack Fleming Freeman Goennel Keats Keller Lobel Macaulay MacDonald Marshall Marshall
	Marshall Martin



<u>Title</u>	<u>Author</u>
Blueberries for Sal	.McCloskey
Make Way for Ducklings	.McCloskey
Little Oh	
Little Bear's Friend	.Minarik
Little Bear's Visit	.Minarik
To Market, To Market	.Miranda
Paper Bag Princess	.Munsch
If You Give a Mouse a Cookie	
If You Give a Pig a Pancake	
Piggie Pie	
Rainbow Fish	
Chicken Sunday	
Mr. and Mrs. Pig's Evening Out	
Curious George	-
The True Story of the Three Little Pigs!	.Scieszka
Where the Wild Things Are	
The Cat in the Hat	
Green Eggs and Ham	
It Looked Like Spilt Milk	
The Giving Tree	
Caps for Sale	
There Was an Old Lady Who Swallowed a Fly	
Eloise	
Two Bad Ants	•
Jumanji	
Alexander and the Terrible, Horrible, No Good, Very Bad Day,	•
Tuesday	
A Chair for My Mother	
The Napping House	
Lon Po Po: A Red Riding Hood Story from China	
· ,	-

# Websites to Explore



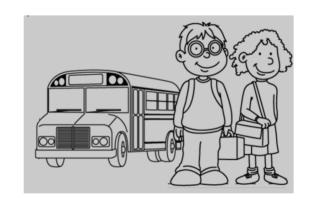
- Starfall.com This website is a great tool for helping your child learn to read. Children explore the sounds each letter makes, one letter at a time. There are interactive books, activities, and printables. The website is split up into levels from beginner to expert reader.
- **Sesamestreet.org** This site is packed with some wonderful games for almost all ages. There are videos as well, and you can even browse their playlists based on specific topics or themes.
- **PBSKids.org** This website is very educational, they have games, music, and activities from every show they air and more.
- aaastudy.com Practice kindergarten math concepts on the site from patterns, missing numbers, sequencing, addition, try it all!

# **June Activities**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pick out your favorite book. Read it with Mom or Dad.	Go to the library. Get a library card.	Practice buttoning, snapping and zipping.	Make a puppet from a small paper bag.	Do ten jumping jacks, 5 situps and one push-up.	Clip the coupons from the paper.	Count how many steps it is from your bedroom to the kitchen.
Play Follow the Leader. You be the leader.	Walk backwards, sideways and in a straight line.	Pretend to be your favorite animal. What does it sound like?	Trace your hand. Color each finger a different color.	Say your phone number. Try to memorize it.	Listen to a story. Make up a new ending to the story.	Take a drive with your family. Count all the green and blue cars.
Draw a picture of your family.	Play Hopscotch.	Put on your favorite music and dance to the beat.	Practice writing the alphabet.	Find four items in your house that are red.	Practice tying your shoes.	Count to 10 forwards and backwards.
Help Mom or Dad make dinner.	Count 7 items in your house that are yellow.	Learn the days of the week.	How many words can you say that rhyme with cat?	What is the opposite of hot, small and down.	Draw a circle, triangle and square.	Put sugar on a cookie tray. Practice writing your name in it.
Talk a walk around the block. Find 5 circles, 3 squares and 4 rectangles.	Say your ABC's.	Draw a straight line, a wavy line and a zigzag line.	Eat some watermelon. Count the seeds.	Make a mask from a paper plate.	Sort buttons by size and color.	Count to 20.

# **July Activities**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Set the table and help clean up.	Play Simon Says.	Go on a walk. Talk about what you see.	Read a story. Illustrate a new cover for the book.	Cut the frames from a comic book. See if you can put it back in order.	Cut out pictures from a magazine and glue them on a large piece of paper.	Hop to the bathroom. Skip to your bedroom. Walk to the kitchen.
Play Tic- Tac-Toe with Mom or Dad.	Find three items in your house that are green.	Write your name 3 times using your best handwriting.	Say the days of the week and the months of the year.	Draw a picture telling about how you feel today.	Think of five things that are cold and five things that are hot.	Draw a picture of your house.
How many words can you think of that rhyme with win?	Practice winking your eyes, first left then right.	Pick out your favorite story. Have Mom or Dad read it with you.	Spell your name using beans.	Put the Alphabet cards in alphabetic order.	Tell someone the time at least three different times today.	Make Jell-O. What is your favorite color?
Help Mom sort the laundry. Separate the clothes by color.	Write your name using play dough.	Say the alphabet.	Make a picture of your house.	Find letters in your name in the newspaper, cut them out and glue them together.	Make a paper airplane and fly it outside.	Listen to music and draw a picture.
Do something special with your family today.	Name 5 safety rules for swimming.	Go to the library!	Go for a walk; count all the birds that you see.	Make a picture on a brown paper bag.	Find 10 things in your house that are blue.	Wash the dishes after dinner.

### **District Services**

Below is a listing of additional services and programs available to our elementary families.



#### Chandler Sports League

Chandler Sports League offers students an opportunity to represent their school by participating in team based sports and activities. Teams compete against other schools in the Chandler Unified School District.

#### CLUB C.U.S.D.

Variety of enrichment classes during the school year and intersession breaks offered various times and locations for K-Adults offered at various sites.



#### Lil' Explorers

Curriculum preschools to help develop social, emotional, physical and cognitive abilities for ages 3-5 year olds offered at various elementary sites

#### Preschool

Year round childcare for birth to four year olds located at the four CUSD high schools, during the school year and during intersession breaks at one location.



Childcare offered at multiple elementary sites before, afterschool and intersession breaks for K-6<sup>th</sup> grade students at various locations.



#### Credit Recovery & Accelerated Courses

For grades K-12<sup>th</sup> grade students offered at various elementary sites during summer intersession break.

#### Chandler Academy of Performing Arts

Intersession camp offered to 6th-12th grade students who express an interest in chorus, orchestra, band or theater.

For more information regarding the programs above, please call 480-224-3900 or visit us online at www.CUSDcommunity.com.





A school-based, community-linked program which provides free medical, dental, counseling, and social services to uninsured Chandler youth, birth through 18 year old.

An educational partner to the Chandler Unified School District (CUSD), who are committed to the vision of raising significant funds to support excellence in education, community service, and life-long learning.

Call 480-812-7900 for more information or visit us online at www.ChandlerCARECenter.com.

Call 480-224-3030 for more information or visit us online at www.ChandlerEdFoundation.org.

Notes		





Andersen Elementary



Auxier Elementary



Basha Elementary



Bologna Elementary



Carlson Elementary



Conley Elementary



Freedom



Goodman



CTA-Humphrey



Independence



CTA-Liberty



COA-Elementary



Frye Elementary



Fulton Elementary



Galveston Elementary



Haley Elementary



Hancock Elementary



Sylvia Encinas Elementary



Elementary



Elementary



Knox Gifted Academy



Navarrete Elementary



Patterson Elementary



Elementary



Riggs Elementary



Elementary



San Marcos Elementary



Sanborn Elementary



Santan Elementary



Shumway Leadership Academy



Tarwater Elementary



Weinberg Gifted Academy

